**THE SCOTTISH FLOOD FORUM VISIT TO GOLSPIE**

**7th and 8th May 2024**

The SFF website <https://scottishfloodforum.org/> has plenty of useful information and individual property consultations can be completed online. If you or anyone you know want to talk to them about your property, call them and they can organise a zoom consultation and all their advice is free of charge.

Just call **0131 563 9392**

Leaflets are available at Go Golspie.

**Emergency Flood Kits**

This kit should include tubes of good quality silicone sealant and gun, rolls of gaffer tape, roll of polythene and sandbags / ‘sandless ‘sandbags. Doors can easily be sealed from the outside using silicone around all the edges and joints; and with gaffer tape from the inside.  Polythene is laid under the sandbags to make a better seal – a roll of black bin liners will do!  Sandless sandbags often require fresh water to activate so keep a watering can nearby.

**Here are some simple steps to prepare for flooding – this list is not exhaustive.**

1. Make sure you have the correct and right amount of insurance cover – please check your building and contents or business policy with your insurance company.
2. Take detailed photos of your property and contents NOW before any flood occurs – your insurance company may be able to use this as evidence to properly assess damage to your property.
3. [Sign up to SEPA’s flood warning scheme](https://floodline.sepa.org.uk/floodingsignup/), this will give you warning of possible flooding and where it may occur.
4. Find out how to turn off your gas, electricity and water supplies.
5. Keep a hardcopy list of useful telephone numbers (including your GP details, insurance claim line & policy number).
6. Put together an [emergency flood kit](https://scottishfloodforum.org/resources/preparing-for-flooding/#flood-kit).
7. Consider buying [flood protection products](https://scottishfloodforum.org/wp-content/uploads/2017/11/SFF-Flood-Protection-Guide-Web-min.pdf) for your home.
8. Think about the needs of children, babies, elderly, the disabled at home and your pets. This will include thinking about medication needs, toys and nappies etc.
9. Don’t forget to check on your neighbours.
10. Make an [action plan](https://scottishfloodforum.org/wp-content/uploads/2017/11/SFF-Your-Household-Flood-Plan.pdf) to use in the event of a flood.